

# PSSST...

Don't tell your drink this, but

*Not All Drinks*  
★ ★ are ★ ★

# CREATED EQUAL

Some have two or more times the amount of alcohol. Which makes volume a key thing to know when you're counting drinks.

HOW LOUD IS YOUR DRINK?

SPEAK VOLUMES.[nd.gov](http://nd.gov)

Know your  
**DRINK**  
Know your  
**LIMIT**



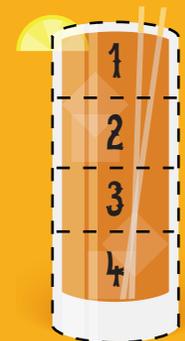
*Pint Craft Beer*  
(7.5 AVB)



*5 oz. Wine*



*Martini*



*Long Island  
Iced Tea*

# SOUND CHECK

Let's talk about

## The Volume of Alcohol ★★ in ★★ **YOUR DRINK**

You see, not all drinks are created equal.  
Some are as strong as two or more drinks.  
Which makes volume a key measure when  
keeping your drinking in check.

HOW LOUD IS YOUR DRINK?



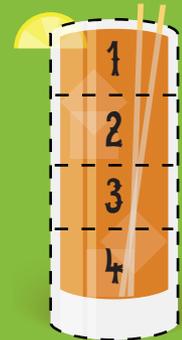
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(7.5 AVB)



5oz. Wine



Martini



Long Island  
Iced Tea



# IT'S HAPPY HOUR.

Do you know

*The Volume of Alcohol*  
★ ★ in ★ ★

# YOUR DRINK?

Not all drinks are created equal. Some have two or more times the volume of alcohol. Which makes volume a key thing to know if you want to keep your happy hour, well, happy.

HOW LOUD IS YOUR DRINK?

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know your  
**DRINK**  
know your  
**LIMIT**



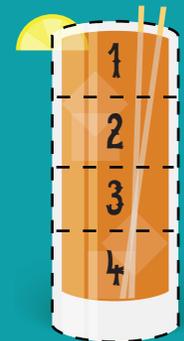
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(7.5 AVB)



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Iced Tea*